FREE Introduction Class to Crystal Light Bed Healing

Saturday at 2pm June 24, July 29, or August 26, 2017

At Hinano Healing Arts in Hilo

465 Hinano Street, Hilo near the Civic Auditorium.

A Crystal Light Bed, sometimes also called an advanced chromo therapy machine is a spiritual treatment device that uses colored light beams focused at your chakras or energy centers through seven very pure quartz crystals.

The alternating lights produce a balancing effect on your energy body as you lay with your eyes closed and meditate to soft relaxing music while your energy body is receiving this external assistance to stay in balance.

Developed by <u>John of God</u>, crystal beds use Brazilian clear-cut quartz crystals to generate color and light therapy to cleanse, clear and raise the vibration of your chakras (also known as energy centers).

Well-Being Benefits of the Crystal Light Bed Include:

- Improved Health
- Pain Relief
- Connected
- Peaceful/Relaxed
- Heightened Awareness
- Stress Relief



To schedule a crystal light bed healing session, contact Hallie Larsson at (808) 756-3034 30 Minute Sessions \$30.00: 60 Minute Sessions: \$60.00

Space is limited. RSVP at Eventbrite.com, search Crystal Light Bed in Hilo For more information, check out Hallie's Website: www.islandwomenshealing.com